The multi-scale response of the eddy kinetic energy and transport to strengthened westerlies in an idealized Antarctic Circumpolar Current

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Key Points:

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10	•	Larger eddies got stronger and smaller eddies got weaker as Southern Ocean west-
11		erlies strengthened.
12	•	Both flat and ridge channel simulations suggest that these changes may be linked
13		to changes in the inverse energy cascade.
14	•	The corresponding changes in scale-wise meridional and vertical transport are also
15		non-monotonic.

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16 Abstract

The Southern Ocean's eddy response to changing climate remains unclear, with observations suggesting non-monotonic changes in eddy kinetic energy (EKE) across scales.

¹⁹ Here simulations reappear that smaller-mesoscale EKE is suppressed while larger-mesoscale

²⁰ EKE increases with strengthened winds. This change was linked to scale-wise changes

²¹ in the kinetic energy cycle, where a sensitive balance between the dominant mesoscale

energy sinks - inverse KE cascade, and source - baroclinic energization. Such balance in-

duced a strong (weak) mesoscale suppression in the flat (ridge) channel. Mechanistically,
 this mesoscale suppression is attributed to stronger zonal jets weakening smaller mesoscale

eddies and promoting larger-scale waves. These EKE multiscale changes lead to multi-

scale changes in meridional and vertical eddy transport, which can be parameterized us-

ing a scale-dependent diffusivity linked to the EKE spectrum. This multiscale eddy re-

²⁸ sponse may have significant implications for understanding and modeling the Southern

²⁹ Ocean eddy activity and transport under a changing climate.

³⁰ Plain Language Summary

The response of eddies in the Southern Ocean to climate change is not well under-31 stood. In this study, we used a channel model that simulates the effects of wind on ed-32 dies. We found that smaller eddies have less kinetic energy (KE) when the winds are stronger. 33 On the other hand, larger-scale eddies have more KE with stronger winds. Similar phe-34 nomena are also observed in the observations. By analyzing the eddy's KE budget, the 35 interaction between different scales of eddies and the interaction between the eddies and 36 mean flow are strengthened when the winds get stronger. This leads to a reduction of 37 eddy KE at smaller mesoscale scales and an increase at larger scales. From the obser-38 vational view, stronger winds weaken smaller eddies and promote larger waves. This change 39 in eddy KE also affects how eddies meridionally transport materials and how eddy dif-40 fusivity varies at different scales. Smaller eddies transport materials less when their KE 41 is weakened, while larger eddies become stronger in transporting materials. These find-42 ings determine how eddy diffusivity responds to the changed eddy KE at different scales. 43 The multi-scale response of eddies to wind has important implications for understand-44 ing the behavior of Southern Ocean eddies in a changing climate. 45

46 1 Introduction

Oceanic eddies play a key role in regulating the Southern Ocean stratification and 47 circulation. These eddies mediate the meridional and vertical exchanges of heat, fresh-48 water, carbon dioxide, nutrients, and other tracers (Ellwood et al., 2020; Frenger et al., 49 2018; Gnanadesikan et al., 2015; Griffies et al., 2015; Rintoul, 2018; Thompson & Sallée, 50 2012), while the strong Antarctic Circumpolar Current (ACC) tends to inhibit merid-51 ional transport (Siedler et al., 2013). Consequently, the variability of the Southern Ocean 52 eddies has important implications for global ocean circulation and biogeochemical cy-53 cles in a changing climate. 54

The response of eddies to climate change remains an open question and holds par-55 ticular significance in the Southern Ocean (Rintoul, 2018). Broadly, this inquiry is di-56 vided into the response of eddies to two distinct forcings, namely the intensified west-57 erly winds (Swart & Fyfe, 2012; Waugh et al., 2020), and the changing buoyancy forc-58 ing in the Southern Ocean (Barkan et al., 2015; Durack et al., 2012; Haumann et al., 2016). 59 Focusing on the strengthened winds, both satellite observations and eddy-resolving mod-60 els indicated a positive trend in Southern Ocean eddy kinetic energy (EKE) under the 61 historical strengthening of the westerly winds (Morrow et al., 2010; A. M. Hogg et al., 62 2015; Patara et al., 2016). A similar trend is evident even in global warming simulations 63 (Beech et al., 2022). 64

The EKE, loosely referred to as eddies, in the ocean is composed of variability over 65 a wide range of scales, which may be referred to as the mesoscales $(O(\sim 100-1000 \text{km}))$, 66 submesoscales (O($\sim 1 - 50$ km)), finescales (O(~ 100 m)), or described as a series of 67 coherent features, such as Rossby waves, coherent eddies, jets. The mesoscale variabil-68 ity composes the dominant fraction of the EKE in the ocean (Wunsch, 2020), and is as-69 sociated with the main eddy-driven transport. The observational properties of these mesoscales 70 are usually studied through the satellite-based sea surface height (SSH) (Stammer et al., 71 2006). Some of these studies focused on identifying and quantifying the properties of mesoscale 72 coherent features in SSH anomaly maps (Chelton et al., 2011), while others quantified 73 the variability over the satellite observable range of spatial-temporal scales (~ 100 km 74 and larger) (Storer et al., 2022; Buzzicotti et al., 2023). To focus on the change in mesoscale 75 EKE under strengthened Southern Ocean winds, Martínez-Moreno et al. (2021) refined 76 the definition of mesoscales as scales smaller than 3° and found that this mesoscale EKE 77 increased in response to the winds over the past few decades. Alternatively, Busecke and 78 Abernathey (2019) quantified the changes in bulk lateral mixing mainly due to mesoscale 79 eddies and showed that the interannual variability of mixing was linked to climate in-80 dices. 81

While these past studies have shown that EKE and specifically mesoscale EKE have 82 responded to strengthened Southern Ocean winds, the multi-scale response to changing 83 winds remains unknown. The distribution of EKE across spatial-temporal scales is set 84 by many competing mechanisms. The generation of the eddies through baroclinic and 85 barotropic instabilities operate at characteristic scales that respond to large-scale strat-86 ification and flow properties (Smith & Marshall, 2009). This variability is then trans-87 ferred to other scales through non-linear cascades, which may transfer energy to smaller 88 and larger scales (Klein et al., 2019; Balwada et al., 2022; Garabato et al., 2022). The 89 details of these cascades can also be tied to the large-scale flows and forcing, e.g. Liu et 90 al. (2022) showed that the energy in the coherent mesoscale eddy may be transferred to 91 larger scales (Rossby waves) in the presence of stronger zonal flows. Finally, the dissi-92 pation mechanisms are also wide and varied, and often linked to boundary processes. In 93 fact, even winds act both as a forcing and a dissipation mechanism, on one hand forc-94 ing the large-scale state that leads to instability and then the non-linear cascades, and 95 on the other hand killing eddies by applying a drag on the surface flows (Rai et al., 2021; 96 Torres et al., 2022). Thus, the impact of the changing wind forcing in changing the oceanic 97 EKE, particularly its scale-wise spatial-temporal properties, is non-linear and can be quite 98 complex. 99

Understanding the multi-scale response of EKE is important for getting a deeper 100 insight into the energetics that shape the ocean circulation, and consequently a better 101 handle on processes setting the ocean storage and transport. While it is understood that 102 the largest eddies do the bulk of the lateral transport in the ocean, processes like the ver-103 tical transport of nutrients and ocean ventilation are controlled by flows over a much wider 104 range of scales (Balwada et al., 2018; Uchida et al., 2019). Furthermore, biogeochem-105 ical processes interact non-linearly with physical transport over a range of time and space 106 scales (Freilich et al., 2022). Additionally, parameterizations of unresolved sub-grid pro-107 cesses in ocean models are developed by making certain assumptions about energetics 108 (Jansen & Held, 2014; Bachman, 2019), and a better understanding of multi-scale ocean 109 energetics can help inform the improvement and tuning of parameterizations in future 110 ocean models. 111

To investigate this multi-scale aspect, we performed a scale-wise analysis of changes in the geostrophic EKE in different parts of the ACC (Figure S5). This analysis suggests that the changes in the EKE spectrum at different scales are non-monotonic. For example, observations in the Atlantic sector of the ACC (Figure 1a) indicate an enhancement of larger-scale EKE (> 180km), accompanied by a suppression of smaller mesoscale EKE (90–180km). The goal of our study here is to probe the dynamics and corresponding impact on the transport of such changes. In general, we employ an idealized mesoscale
eddy-resolving channel model to investigate the multi-scale response of the EKE in the
ACC to strengthened wind forcing. Furthermore, we investigate how these changes impact tracer transport at different scales. Our main finding is that the response of EKE
and transport to changing winds is non-monotonic across scales, larger scales get stronger
while smaller scales get weaker. We describe our model and analysis methods in section
2, present our main results in section 3, and conclude with a discussion in section 4.

¹²⁵ 2 Model and Methods

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2.1 Model and Experiment Description

This study uses the Massachusetts Institute of Technology general circulation model 127 (MITgcm) (Marshall et al., 1997a, 1997b) to carry out two pairs of channel experiments 128 forced by zonal winds and surface buoyancy restoring. The first pair configuration - chan-129 nel with flat topography - is similar to Abernathey et al. (2011), which demonstrated 130 the validity of such channel configurations for studying the Southern Ocean. The domain 131 is a square channel of size 2,000km \times 2,000km \times 4km on a β -plane (β is 1.4 E^{-11}) with 132 a flat bottom. The southernmost Coriolis frequency is $-1.1E^{-4}$. The horizontal reso-133 lution is 5km, which is adequate for resolving mesoscale eddies. The vertical grid has 49 134 levels with spacing increasing from 1 m at the surface to 200m at the bottom. At the 135 surface boundary layer, we use the K-profile boundary layer parametrization (Large et 136 al., 1994). Following Balwada et al. (2018), the numerical viscosity is set by the Mod-137 ified Leith Viscosity (Fox-Kemper & Menemenlis, 2008). The quadratic bottom drag co-138 efficient is 0.0021. A linear equation of seawater state that depends on temperature is 139 used. Additionally, there is a linear temperature restoration at the surface, with the restora-140 tion temperature profile increasing from south to north. 141

Considering the importance of the bathymetric features in modulating the real ACC 142 flows and EKE (Holloway, 1978; Thompson, 2010; Melet et al., 2013; Howard et al., 2015; 143 Jouanno & Capet, 2020; Zhang et al., 2023), a second pair of experiments were conducted 144 where a topographic ridge was introduced (Abernathey & Cessi, 2014; Balwada et al., 145 2018). These channel experiments also doubled the domain length, following the setup 146 from Youngs et al. (2023), allowing us to distinguish more clearly between regions closer 147 and away from the ridge. The other physical parameters and initial fields are the same 148 as those in the flat channel. 149

Both sets of channel simulations were forced by wind stress with a sinusoidal pro-150 file, peaking in amplitude in the middle of the domain. The flat bottom experiments have 151 a peak amplitude of $0.1N/m^2$ (FLAT-WIND10) and $0.3N/m^2$ (FLAT-WIND30), and 152 the ridge experiments have peak amplitudes of $0.15N/m^2$ (RIDGE-WIND15) and $0.3N/m^2$ 153 (RIDGE-WIND30). This tripling and doubling of wind is an exaggeration of the actual 154 wind change in the Southern Ocean, which increased by roughly 10% (Lin et al., 2018). 155 However, this large amplification was used following previous studies, e.g. Abernathey 156 et al. (2011); Abernathey and Ferreira (2015b), to clearly see the emerging changes. The 157 change in the wind did not dramatically change the stratification, and the associated de-158 formation radius between the experiments was similar. All experiments were spun up 159 for 50 years before further analysis. 160

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2.2 The Eddy Kinetic Energy Budget

To understand the details of how the mesoscale turbulence changed in response to the winds, we considered the eddy kinetic energy (EKE) budget.

In zonally periodic domains, it is convenient to define the eddy field relative to the zonal mean. The eddy velocity is defined as $u' = u - \overline{u}$ where $\overline{u} = \frac{1}{L_r} \oint u dx$. When there is no topography, the zonal mean can cleanly separate the zonal mean flow and the time-varying turbulence fields. While in the presence of topography, the variability includes both the time-varying eddies and standing meanders.

The point-wise horizontal EKE $(EKE = 0.5(u'^2 + v'^2))$ budget equation can be constructed by taking the dot product of the horizontal eddy velocity $(U'_h = [u', v'])$ with the horizontal eddy momentum equation. This results in,

$$\frac{\partial EKE}{\partial t} = -U'_{h}U' \cdot \nabla U'_{h} - U'_{h}\overline{U} \cdot \nabla U'_{h} - U'_{h}U' \cdot \nabla \overline{U}_{h} + U'_{h}\overline{U'} \cdot \nabla \overline{U'_{h}} - \frac{1}{\rho_{c}}U'_{h} \cdot \nabla_{h}P' + U'_{h} \cdot \mathcal{F}'.$$
(1)

Here U' = [u', v', w'] is the 3D velocity, $U'_h = [u', v']$ is the horizontal velocity, $\nabla = (\partial_x, \partial_y, \partial_z)$ is the 3D gradient operator, $\nabla_H = (\partial_x, \partial_y)$ is the horizontal gradient operator, P' is the pressure perturbation, and \mathbf{F}' is the momentum forcing perturbation.

The first four terms on the right-hand side (RHS) are nonlinear terms relating to 175 how eddies interact with each other and the mean flow. Here the first nonlinear term rep-176 resents eddy-eddy interactions (named as 'EEE'). The second and third nonlinear terms 177 represent the eddy-mean interactions and are referred to as 'EME' and 'EEM' respec-178 tively. The fourth nonlinear term disappears after the zonal average. The fifth term is 179 horizontal pressure work and the last term is the work by the variable forcing. It should 180 be recognized that constant wind forcing does no direct work in the EKE budget, and 181 so can not energize or kill eddies. Further, the horizontal pressure work is rewritten as: 182 $-\frac{1}{\rho_c}U'_h\cdot \nabla_h P' = -\frac{1}{\rho_c}\nabla \cdot (U'P') + w'b'$. The first term integrates to zero in a domain 183 average. w'b' is usually a source of EKE associated with the baroclinic instability and 184 represents the conversion of the eddy potential energy (EPE) to EKE. 185

Since this study focuses on the multi-scale nature of the EKE, we considered the 186 scale-wise decomposition of this EKE budget averaged over time and the zonal direction. 187 This scale-wise decomposition was done by analyzing the spectral EKE budget. Since 188 our domain is a re-entrant channel, we only consider the zonal Fourier transform: u'(k) =189 $\int u' e^{ikx} dx$. This obviates the need for any tapering and avoids any associated spectral 190 contamination (Uchida et al., 2019; Schubert et al., 2020). In this spectral space, the hor-191 izontal EKE power spectrum is defined as $\widehat{E}(\kappa) = 0.5(\hat{u'}^{\dagger}\hat{u'} + \hat{v'}^{\dagger}\hat{v'})$, where (\cdot) and $(\cdot)^{\dagger}$ 192 represent the Fourier transform and its conjugate. Parseval's theorem implies that $\overline{EKE} =$ 193 $\sum_{k} E(\kappa)$, suggesting that $\widehat{E}(\kappa)$ decomposes the zonal mean EKE into wave components 194 in different spatial scales. The equation for each of these spectral components can be de-195 rived in the same way as the equation for the EKE budget, by taking Fourier transforms 196 of the velocity and eddy momentum equation. We used the Python package - xrft (https:// 197 xrft.readthedocs.io/) for doing all the spectral analysis. 198

¹⁹⁹ 2.3 Tracer Experiments

To study the impact of changing winds on tracer transport, we conducted passive tracer experiments. These tracers were used to estimate the tracer fluxes, eddy diffusivity, and spectral properties of tracer fluxes.

Since the multi-scale response of the spectral EKE to the wind forcing is more clear in the flat channel, we deployed four passive tracers with the following initial concentration profiles in the flat channel experiments:

$$C1 = y; C2 = z; C3 = \cos(\pi y/L_y)\cos(\pi z/H); C4 = \sin(\pi y/L_y)\sin(\pi z/H).$$
(2)

These tracers were initialized after the 50-year model spin-up and were evolved for 3 years. Tracer statistics were computed using five-day snapshots from the third month after tracer initialization till the end of the 3 years.

2.4 The spectral decomposition of transport and eddy diffusivity

We investigated the scale-wise characteristics of the transport by assessing the crossspectra of tracer fluxes (Balwada et al., 2018), which decomposes the meridional and vertical flux of tracers as

$$\overline{v'C'} = \sum_{k} \hat{v'}\hat{C'}^{\dagger} \tag{3}$$

$$\overline{w'C'} = \sum_{k}^{n} \hat{w'} \hat{C'}^{\dagger}, \qquad (4)$$

and provides a sense of how different scales contribute to transport.

Since we compare multiple simulations with different forcing and different EKE lev-211 els, the evolution of the passive tracers will be different. So, the tracer flux patterns at 212 any particular time may be impacted by the stage of the tracer evolution. To mitigate 213 this and only compare the properties of transport related to the equilibrated flow and 214 not related to the evolving tracer state we computed the eddy diffusivity. Further, the 215 spectral eddy diffusivity is defined as the ratio of the cross-spectrum of the eddy trans-216 port to the background mean gradient of the passive tracer, as suggested by Kong and 217 Jansen (2017). The formula is as follows: 218

$$D(\kappa) = -\frac{Re(\langle \hat{v'}\hat{C'} \rangle)}{\partial \langle \overline{C} \rangle / \partial y}$$
(5)

Here the eddy transport and its corresponding mean gradient are calculated from the first tracer, C1, due to its initial meridional gradient. $\langle \cdot \rangle$ represents the time mean.

Some recent studies estimated the full diffusivity tensor, to relate the eddy tracer 221 flux to its mean gradients (Bachman et al., 2015; Abernathey et al., 2013; Balwada et 222 al., 2019). We also diagnosed this diffusivity tensor, which is why we deployed four trac-223 ers in tracer experiments. However, we found that the meridional diffusivity estimated 224 using only the meridional flux and meridional gradient is the same as the major eigen-225 value of the diffusivity tensor, which is oriented primarily in the meridional direction. 226 The correlation coefficient of the diffusivity between the two methods is 0.9989 (0.9914) 227 in the FLAT-WIND10 (FLAT-WIND30). Thus, we decided to only present results from 228 the analysis using the simpler estimate of only meridional eddy diffusivity. 229

We expect the transport properties, quantified in terms of scale-wise diffusivity, to be related to the levels of EKE as a function of scale. One derivation of such a relationship was presented in Kong and Jansen (2017). Based on a barotropic beta plane model, they related the diffusivity to the energy spectrum as follows:

$$D = \int_0^\infty D(\kappa) d\kappa = \frac{1}{C_1} \int_0^\infty \frac{E(\kappa)^{\frac{1}{2}} \kappa^{-\frac{3}{2}}}{1 + \frac{C_2 \beta^2}{2C_1^2 E(\kappa) \kappa^5}} d\kappa$$
(6)

 $E(\kappa)$ is the EKE spectrum and κ is the wave number. The two parameters, C_1 and C_2 234 are empirical parameters, which can be obtained by the least squares fitting. In this study, 235 we estimated these parameters using the FLAT-WIND10 and found that $C_1 = 1.2E^{-3}$ 236 and $C_2 = 9.5E^{-9}$ respectively. We also used this formula and the estimated parame-237 ters to predict the scale-dependent diffusivity in the FLAT-WIND30 and found that there 238 was a good agreement - suggesting that the formula works well and the parameters are 239 not very sensitive to the range of flow regimes. We use this formulation to suggest that 240 transport changes are primarily a result of the changes in the energy spectrum. 241

242 3 Results

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As discussed in the introduction, our observational analysis of the changes in the geostrophic EKE in many sectors of the ACC (sufficiently far away from topography) found a robust enhancement of larger-scale EKE (> 180km), accompanied by a suppression of smaller mesoscale EKE (90 - 180km) (Figure 1a and Figure S5). This should be viewed in the context of the well-documented acceleration of ACC jets and enhanced total EKE (A. M. Hogg et al., 2015; Shi et al., 2021). To understand the dynamics and implications of the non-monotonic changes in the EKE across scales, we analyze the response of the EKE spectrum in two pairs of experiments.

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3.1 The Weakened Smaller-Scale Mesoscale Eddy Kinetic Energy

First, we describe the results from the flat bottom simulations, which are much more 252 qualitatively aligned with the satellite observations. Consistent with previous studies (Abernathey 253 et al., 2011; Abernathey & Ferreira, 2015b), the stronger wind forcing results in a stronger 254 zonal mean flow and EKE (Figure 1b), particularly in the middle of the domain (500-255 1500km). However, these previous studies have not considered how the EKE changes across 256 different scales. We find that the response of the EKE at different wavenumbers to the 257 strengthened wind is non-monotonic and not the same as the response of the total EKE. 258 The surface EKE spectrum, Figure 1c, shows that the surface EKE increases at scales 259 larger than ~ 250 km and decreases at scales smaller than ~ 250 km in the region when 260 $E\underline{K}\underline{E10}$) the stronger winds drive the stronger zonal jet. The relative change in energy $\left(\frac{EKE30-EK}{EKE10}\right)$ 261 at the large scales is about a factor of 1.29, while the relative change at smaller scales 262 is about a factor of -0.46 (Figure 1c). In addition, the scale below which the EKE is sup-263 pressed (above which the EKE is enhanced) remains roughly constant with depth, de-264 creasing very slightly from 267km at the surface to about 227km at 500m (Figure S3). 265

The scale-wise EKE budgets are useful to investigate the physical processes that 266 result in the scale-wise eddy response to the wind forcing. Here, we consider the terms 267 in the spectral EKE budget corresponding to the conversion of the EPE to EKE (w'b'). 268 the transfer of kinetic energy due to the eddy-mean interaction (EME and EEM), and 269 the transfer of EKE due to the eddy-eddy interaction (EEE). Figure 1d shows the four 270 terms vertically averaged over the upper 500m, negative values indicate EKE loss, and 271 positive values indicate EKE gain. Generally, the baroclinic instability results in a con-272 version of EPE to EKE, which results in a peak near ~ 250 km in these simulations. The 273 largest contributor to the EKE loss near the same scales is the EEE. The EEE also in-274 creases the EKE at larger scales, which in combination with the smaller scale energy loss 275 is associated with the inverse energy cascade (Scott & Wang, 2005; Schubert et al., 2020) 276 - transferring the smaller-scale mesoscale EKE to the larger scales. The EEM is smaller 277 than the EEE and does not contribute individually to the inverse energy transfer. The 278 residuals of these four terms are balanced by the pressure work and dissipation. 279

When the wind forcing is strengthened, there are subtle changes in the aforemen-280 tioned balance (Figure 1d). Generally, the intensification of EEE and EEM contributes 281 to a greater loss of EKE in the mesoscales and very slight increase at larger scales. Fur-282 thermore, the replenishment of mesoscale EKE by the $\overline{w'b'}$ does not show any signifi-283 cant increase in strength. However, it does shift slightly towards larger scales. This shift 284 results in an increased conversion of available eddy potential energy (EPE) to EKE at 285 scales larger than approximately 250 km, while the conversion decreases at scales smaller 286 than the same scales. Additionally, the peaks of EEE and EEM also exhibit a slight shift 287 towards larger scales. It is worth noting that a similar shift towards larger scales in spec-288 tral energy budgets has been recently reported for atmospheric flows by (Chemke & Ming, 289 2020). They found that under changing zonal mean wind and stratification induced by 290 climate change, larger atmospheric waves become stronger while smaller waves become 291 weaker in mid-latitudes. 292

The experiments with the ridge, Figure 1e, illustrate similar non-monotonic changes of the EKE spectrum in the region 2000km downstream of the ridge. However, the scale where the EKE begins to be suppressed is substantially reduced to a wavenumber of 40km, and the suppression is much weaker compared to that in the flat channel. The spectral EKE budgets suggest that the weaker mesoscale suppression phenomenon in the ridge case is mainly due to a significant increase in baroclinic eddy energy source w'b' at all scales under intensified westerly (Figure 1f). This increase counteracts the reduction of mesoscale EKE caused by EEE and EEM.

These flat and ridge channels are only idealized analogs for the Southern Ocean, and are not designed to perfectly capture the scales of observed changes, but rather show that wind changes alone can qualitatively describe the observed changes in the EKE at different scales. This initial foray, suggests that the dynamics of actual ACC regions away from topography may lie somewhere between the flat and ridge channels explored here, and more work including more realistic domains and forcing would be needed for quantitative investigation.

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3.2 The Suppressed Mesoscale Eddy Transport and Diffusivity

Many previous studies found that eddies play a major role in the meridional transport across the ACC (Volkov et al., 2008; Dufour et al., 2015), and this transport is likely to increase as winds strengthen (A. M. C. Hogg et al., 2008; Spence et al., 2010; Abernathey & Ferreira, 2015b). We expect the same net result in our simulations since the net EKE does increase with increasing winds. In the context of the multiscale response of the spectral EKE to the wind forcing, we consider how the scale-wise eddy transport changes only in the flat channel.

Here we focus on the depth-averaged eddy transport, as there are no significant ver-316 tical changes in the EKE and eddy transport (Figure S3). Figure 2 shows the cross-spectrum 317 of the meridional, the vertical eddy transport, and the meridional component of the EKE 318 spectrum. In both experiments, the peak of the meridional eddy transport primarily oc-319 curs on scales around 430km within the strong zonal flow (500-1500km), owing to the 320 relatively high EKE levels. Comparing the two experiments, we find that the eddy trans-321 port is suppressed in the FLAT-WIND30 for scales smaller than ~ 430 km but is increased 322 for scales larger than ~ 430 km. This result can be attributed to the suppression of smaller 323 mesoscale EKE and enhancement of larger-scale EKE. However, the scales at which the 324 eddy transport is suppressed do not perfectly align with the scales where EKE reduc-325 tion occurs. The cross-over scale for transport is ~ 430 km, whereas the cross-over scale 326 for the energy spectrum is slightly smaller ~ 250 km. 327

Similar to the response of the meridional transport, the vertical transport also shows 328 a non-monotonic response. The qualitative scale-wise vertical transport is different be-329 tween the two experiments; while most scales are associated with upwelling in FLAT-330 WIND10, the vertical transport in FLAT-WIND30 changes sign with scale (the net re-331 sult is still upwelling). Also, the strengthened wind forcing significantly enhances the up-332 welling transport on scales larger than ~ 430 km and moderately enhances the downwelling 333 transport on scales ranging from 120 km to 430km. These changes correspond to the dif-334 ferent increases in the vertical component of EKE at each scale (not shown). Although 335 the model in this study is only mesoscale resolving and has a weak vertical motion, the 336 different transport directions in different scales may have important implications on bio-337 geochemistry and should be considered in higher-resolution simulations in the future. 338

The cross-spectrum of eddy transport can be utilized to evaluate the spectral mesoscale 339 eddy diffusivity through equation 4 and further probe the properties of the transport. 340 The pattern of the meridional spectral diffusivity depends mainly on the cross-spectrum 341 342 of eddy transport (Figure 2). Consequently, the peak of spectral diffusivity also occurs mostly on scales \sim 430km. In addition, the mesoscale diffusivity is also suppressed at scales 343 of less than ~ 430 km. This feature serves as a valuable indicator for evaluating scale-dependent 344 diffusivity theories. Figure 2m and 2n show the spectral diffusivity predicted by the dif-345 fusivity spectrum theory proposed by (Kong & Jansen, 2017). The correlation coefficient 346



Figure 1. a), The ten-year averaged variance-preserving geostrophic EKE zonal spectrum in the jet region (50°S-45°S) of the ACC Atlantic Section (320°E-360°E) as seen in Figure S5a. The unit is m^2/s^2 . b), The zonal and vertical mean zonal velocity and the EKE in the two experiments, where the solid (dashed) lines represent the FLAT-WIND30 (FLAT-WIND10) experiment. The X-axis is the south-north direction in km. The unit of zonal velocity and EKE is m/s and m^2/s^2 . c), The meridional averaged variance preserving the EKE spectrum from 500km to 1500km in the two experiments. The unit is m^2/s^2 . The orange and blue color shadings indicate the increased and suppressed EKE at each wavenumber, respectively. d), The variance preserving spectral w'b', EEM, EME, and EEE which are meridionally averaged from 500km to 1500km over the upper 500m in the FLAT-WIND10 (light colors) and FLAT-WIND30 (dark colors). The unit is $10^{-9}m^2/s^3$. The orange dashed line shows the difference of the w'b' between the FLAT-WIND30 and the FLAT-WIND10. The unit is m^2/s^3 . e), the same as 1c, but for the variance preserving EKE spectrum from 250km to 1100km in the downstream ridge regions, since the latitude positions of the southern branches of the downstream zonal jet are relatively stable, in contrast to the northern branches. f), the same as 1d, but for the two downstream ridge regions.



Figure 2. a), The cross-spectrum of the meridional eddy transport in the FLAT-WIND10. The unit is m/s. b), the same as a) but for the FLAT-WIND30. c), the difference in the cross-spectrum of the meridional eddy transport between the two experiments. d), the meridional component of the variance preserving EKE spectrum in the FLAT-WIND10. The unit is $\log_{10} m^2/s^2$. e), the same as 2d but for the FLAT-WIND30. f), the difference in the EKE spectrum between the two experiments. g) The cross-spectrum of the vertical eddy transport in the FLAT-WIND10. The unit is m/s. h), the same as 2g but for the FLAT-WIND30. i), the difference in the cross-spectrum of the vertical eddy transport between the two experiments. j), the diagnosed spectral diffusivity in the FLAT-WIND10. The unit is $\kappa \times m^2 s^{-1}$. k), the same as 2j but for the FLAT-WIND30. l), the difference in the spectral diffusivity between the two experiments. m) theoretical diffusivity in the FLAT-WIND10. The unit is $m^2 s^{-1}$. n), the same as 2m but for the FLAT-WIND30. o), the difference in the theoretical diffusivity between the two experiments. The two solid lines in each figure are the wavelengths at 430km and 120km from left to right The X-axis is the wavenumber, whose unit is km^{-1} . The Y-axis is the cross-frontal

between the integral of the diagnosed and theoretical spectral diffusivity are 0.8890 (FLAT-347 WIND10) and 0.9356 (FLAT-WIND30) along the meridional direction. In the spectral 348 space, the theory succeeds in predicting the suppressed mesoscale diffusivity as well. This 349 suggests that considering the EKE spectrum, rather than the total EKE, could be ben-350 eficial for parameterizing mesoscale diffusivity in the ocean. It should be noted, that the 351 scale of the theoretical suppressed diffusivity peaks at a slightly smaller scale compared 352 with the diagnosed spectral diffusivity. This is because theoretically, the eddy diffusiv-353 ity is a direct response to the EKE spectrum, thus making the scale of the predicted dif-354 fusivity peak dependent on the EKE spectrum peak, while the actual response is slightly 355 different from this theory. This suggests a need to maybe introduce different efficiency 356 of stirring at different scales. However, this investigation is beyond the scope of this work 357 and will be investigated in future theoretical studies. 358

4 Discussion and Conclusions

The Southern Ocean westerly winds have strengthened over the past few decades. Some recent studies have explored the response of the ocean eddies to the strengthening winds and found that the EKE is increasing. However, none of these studies have tried to investigate whether the EKE is increasing across all scales, or if the EKE at different scales is responding differently to the changing winds. We found the observed multiscale response of the geostrophic EKE to the changing winds is non-monotonic in regions far away from the topographic ridges. We investigated this multi-scale response of the EKE through idealized channel simulations forced with different wind amplitudes.

Our simulations, similar to past studies, show that the EKE increases as winds strengthen. 368 However, this EKE response is not uniform across spatial scales. In simulations with flat 369 topography, we find that the mesoscale eddies smaller than ~ 250 km are weakened, while 370 the larger eddies are strengthened. In these simulations, this response is the strongest 371 in the top 500m of the domain. It is also worth noting that the scale where the EKE change 372 switches from strengthening to weakening is not fixed, as it can vary depending on dif-373 ferent parameters related to the source of eddy energy, including bathymetric features 374 and buoyancy forcings. In the simulations of a ridge, the scales at which the suppres-375 sion of EKE begins can be significantly reduced to 40 km. Conversely, the scales are ex-376 panded to ~ 320 km when the surface buoyancy restoration was turned off (not shown 377 here). 378

The EKE's non-monotonic response at different scales can likely be linked to non-379 monotonic changes in the spectral EKE budget. In the flat channel, the stronger zonal 380 jet intensifies eddy-eddy (EEE) and eddy-mean (EEM) interactions, reducing smaller 381 mesoscale EKE and increasing larger-scale EKE, suggesting an intensified inverse kinetic 382 energy cascade. Additionally, the EKE generation also shifts slightly towards larger scales, 383 contributing to the EKE spectrum's non-monotonic response. In the presence of a ridge, 384 although the strengthened EEE and EEM similarly transfer more EKE into larger scales 385 under stronger wind forcing, a significant increase in the baroclinic EKE source coun-386 teracts the reduction of smaller-scale mesoscale EKE through the inverse cascade pro-387 cesses. As a result, the phenomenon of mesoscale EKE suppression is weakened. Based 388 on these simulations, it is plausible that the actual ACC falls somewhere between the 389 scenarios of the flat and the ridge channel, since the observed suppression of EKE oc-390 curs within the scale range of approximately 180km to 90km. 391

These non-monotonic changes in the scale-wise statistics may be linked mechanistically to the change in the zonal flow under changing winds. Liu et al. (2022) showed, using both observations and simulations, that stronger jets and zonal flows result in a more rapid loss of eddy energy and shortened eddy lifetime, as this eddy energy is more efficiently converted to larger-scale Rossby waves. In our simulations, the zonal flow speeds up by about 40-50% as the wind strength triples, which could result in a more efficient

conversion of kinetic energy from mesoscale eddies to larger Rossby waves. These pro-398 cesses can be seen by considering the flow structure at different scales. In Figure S4, we 399 show that the simulation with stronger winds has more energetic features at larger scales 400 with meridionally elongated bow-type shapes, which are generally associated with Rossby 401 waves (Early et al., 2011). This enhancement of large-scale wave-like structures comes 402 at the expense of smaller relatively isotropic eddies. This hypothesis is also quantitatively 403 supported by considering the eddy lifetimes, which show that there are significantly fewer 404 mesoscale eddy tracks with longer lifetimes in the FLAT-WIND30 compared to those 405 in the FLAT-WIND10 (Figure S1 and S2). 406

In summary, the non-monotonic multiscale response of the EKE to the strengthened wind is not trivial but reflects some profound changes in physical processes on different scales. The inverse kinetic energy cascade and the zonal mean flow "killing" smallerscale mesoscale eddies and facilitating the larger-scale wave activity are the potential mechanisms that lead to the non-monotonic multi-scale responses.

Since the stirring by mesoscale eddies dominates the eddy transport of passive trac-412 ers (Klocker & Abernathey, 2014), the non-monotonic multi-scale response of the EKE 413 has important implications for eddy transport and diffusivity. We investigated the de-414 tailed properties of eddy transport by considering the cross-spectra of passive tracer flux 415 and the spectral eddy diffusivity. The cross-spectrum of the meridional eddy flux con-416 firmed the suppression (amplification) of turbulent transport at the smaller (larger) scales 417 in the stronger winds. Additionally, we showed that vertical transport also responds non-418 monotonically to these changes, with the smaller scales starting to oppose the transport 419 by the larger-scale eddies in the stronger wind. This may have non-trivial implications 420 for the biogeochemical tracers, where the time scale of tracer transport and its interac-421 tions with different reaction time scales can lead to complex system responses (Freilich 422 et al., 2022). 423

Further, since the cross-spectrum of the meridional eddy transport is related to the 424 spectral eddy diffusivity, the eddy diffusivity is also enhanced at larger scales but is sup-425 pressed at smaller scales. The theoretical formula for scale-dependent diffusivity, derived 426 by Kong and Jansen (2017), generally succeeds in predicting the eddy diffusivity, sug-427 gesting that the response of the transport to changing winds is largely linked to changes 428 in the EKE spectrum. This suggests that it is possible to build transport parameteri-429 zations for the effects seen in this study by linking the diffusivity to the EKE spectrum, 430 as long as the appropriate EKE spectrum response to changing winds is achieved. 431

This study is the first to consider the multiscale response of ocean mesoscale ed-432 dies to changes in the wind forcing and leaves much room for further investigations into 433 the nature of the eddy response. Future research could utilize more realistic ocean gen-434 eral circulation models to investigate the responses of multi-scale Southern Ocean ed-435 dies to surface forcings under climate change in the actual ocean basins. Additionally, 436 while this study focused on mesoscale-resolving processes, it is also important to inves-437 tigate the role of sub-mesoscale processes in shaping the response of smaller-scale EKE 438 to forcings. Such investigations would contribute to a more comprehensive understand-439 ing of ocean eddies' multiscale dynamics and behavior. 440

441 5 Open Research

The data used in this study are mainly generated through the model. The model configurations to regenerate the high-frequency output data used in this study and the figures' scripts with the data to produce the figures can be obtained from Ran (2023) . Additionally, the observational geostrophic EKE spectrum data used for analysis in this study were obtained from the delayed-time altimeter gridded products provided by E.U Copernicus Marine Service Information, Marine Data Store (2023). Figures were plotted by using the Python package Matplotlib (The Matplotlib Development Team, 2023).

⁴⁴⁹ The wavenumber spectra in this study is calculated by using the Python package xrft

(Uchida et al., 2023). The mesoscale eddy identification is through the Python package

⁴⁵¹ py-eddy-tracker (Delepoulle et al., 2022).

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